

ORMSIDE MILL RESIDENTIAL CENTRE

www.ormsidemill.org.uk

Ormside Mill is an amazing residential centre in the heart of the Eden Valley near Appleby-in-Westmorland, close to the Lake District and the North Pennines.

Sitting on its own wooded grounds, next to a beautiful stream, in a quiet rural location, this comfortable centre makes the perfect venue for a great residential experience accommodating up to 16 people. The centre holds an AALA license allowing it to offer a range of challenging and exciting outdoor activities.

CONFERENCE ROOM FOR HIRE

This comfortable conference room is located close to the Lancaster city centre, with easy access to the railway station, and parking.

Facilities include:

42 inch TV with WiFi & Skype + DVD player, hearing loop,

projector and screen, Whiteboard, 14 seated conference table, 8 seated lounge area, Tea/coffee facilities, other back office facilities such as photocopying, fax

MINIBUS AVAILABLE FOR HIRE



Struggling with transport?
Minibus hire too expensive?

Why not use the LACYP minibus at a cheaper cost?

Our 17 seat minibus is now available. Your driver needs to be over 21 and subject to licence and driver status.

CATERING TRAILER FOR HIRE



Need catering at your outdoor event?

Then why not speak to LACYP and see if our catering trailer can come down and do it for you?

DO MORE FOR YOUNG PEOPLE WITH LACYP

Check out our various activities and facilities available for your youth groups



To find out more about bookings and costs, call us on 01524 65106 or email us at lacyp@lacyp.org.uk
For more information visit our website at www.lacyp.org.uk



Lancashire Association of Clubs for Young People



Registered charity No. 521362

TRAILBLAZERS

A mountain biking project that develops riding skills in your local community and at Gisburn Forrest

Age range: 11+ years old • Max group size: 6 young people
The mountain bikes and equipment will be supplied by LACYP

Skill Development Session: (2-3 hrs)

Safety check and skills development (weighting, un-weighting, cornering, breaking, attack position, manual & power assisted wheel lift, track stands).

First Session - off road biking: (2-3 hrs)

Put into practice the skills learnt in the first session, in an off road riding at a venue risk assessed by LACYP and have some fun!!

Further Sessions - off road biking: (2-3 hrs)

As above, with more venue and challenging routes, including single tracks, different surfaces and fantastic views.

Please Note: Mountain biking is a potentially hazardous activity. Whilst all reasonable care will be taken to ensure safety during the session, please remember accidents can happen.



QUADSQUAD

'A fun with purpose project' including road safety theory followed by a riding session at Forrest Hills, Lancaster

Max group size: 4-8 per group
Safety equipment supplied by LACYP



Off Bike Theory Module (Part 1)

Road Safety - Covers positives, negatives and responsibilities of driving, issues that affect young road users.

Theory Test Practice— Learn about the theory test, then practice and complete a full mock exam.
Mechanical Theory and Practical - Basic understanding of how cars/motorbikes work and how to perform basic maintenance and safety checks.

On Bike Module (Part 2)

Quad Trek— learn basic riding skills, before riding on a trek over several miles of varied terrain within the scenic location of Forest Hills.

Intermediate Quad Bike Skills- Learn a range of skills to further increase confidence and control.

Night Riders (winter) – suitable for riders who have completed either of the other two on bike modules. It is a chance for riders to try their skills on a night time Quad Trek.



SPORTS2GO

A sports project that can deliver various activities in your local community

The aim is to provide more opportunities for young people to participate and gain a healthy lifestyle through an interest in sports and leisure.

Sport & Activity Choices

- | | | |
|--------------|---------------|------------------------|
| Indoor Bowls | Stool Ball | Parachute games |
| Handball | Short Tennis | Softball |
| Volleyball | Basketball | Pillow Bashing |
| Skittle ball | Football | Rounders |
| Uni—Hoc | Tag Rugby | Urban Rowing Challenge |
| Archery | Badminton | Danish Long ball |
| Get Active | Kwikk Cricket | Team Building |



Conditions of use:

The content of each session must be agreed **before** bookings are confirmed. Assistance is required to set up all large pieces of equipment. Please ensure that senior members or group leaders are available. It is **expected** that **leaders play an active part** in the sessions.

To find out more about bookings and costs, call us on **01524 65106** or email us at lacyp@lacyp.org.uk
For more information visit our website at www.lacyp.org.uk